



ENVIRONMENTAL LEARNING PROGRAMS CELEBRATE WILDFLOWERS

#4 SHOPPING FOR PLANTS

CONTENT	Most of the food we eat comes from plants. (All but water and salt!)
GRADE LEVEL	K-6.
OBJECTIVES	Understand that everything we eat (except water and minerals, such as salt) comes from plants.
PROCESS AND RESEARCH SKILLS	Comprehension, application, analysis, synthesis, observation, decision making.
PRODUCT	Activity sheets, and understanding of our dependence upon plants.
SUGGESTED LOCATION	In the classroom or under a large tree.
TIME REQUIRED	30 to 45 minutes.
MATERIALS	Pencil and paper, activity sheets number 1 (Grocery Shopping word search) and 2 (What's for Breakfast word search).
ACTIVITY AND DISCUSSION	<ol style="list-style-type: none">1. Imagine that you are grocery shopping.2. Make a list of all the food you see. On one side of the paper list all the food you see that comes from plants. (Don't forget meat! Cows eat corn and grass.) On the other side of the paper list all the food you see that does not come from plants.3. Compare the two lists and discuss.4. Complete activity sheets.5. Is there any food listed in the words searches that does not come from a plant. Explain. (Of all of our food, only water and salt do not originate from plants.)6. Discussion: How important are plants for food?
EVALUATION	Participation in discussion.
EXTENSION	How important are plants to animals? What do animals get from plants? (food, shelter, nest material, hiding places, etc.) Complete lesson plan "Plants and Wildflowers as Habitat."